

# **Be Jobless, Be Anywhere**

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# Introduction

Do you ever get the feeling that your life isn't panning out quite the way it was meant to because you're obligated to your job?

Do you ever feel as though you're perhaps not taking full advantage of your freedom, of your health, of your youth?

For many of us, life can feel like a long gauntlet of different tasks and responsibilities, punctuated by long periods of sitting around bored.

We read stories, watch films and play computer games that feature brave and bold heroes venturing into unknown lands, facing challenges and generally living lives filled with excitement and exploration.

Meanwhile, our own lives consist of sitting in an office all day getting shouted at by our boss, coming home on the train during a busy commute and then sitting in at home on the couch not doing much at all.

Our bodies are literally wasting away from a lack of movement, our minds are starting to decay from a lack of challenge or interest and in general, we are no longer challenging or pushing ourselves.

And the most excitement we typically have is choosing which film to watch on a Friday night...

But there's a whole world out there.

We often have dreams and we have plans to get out and see the world, or to start living a lifestyle that we'd actually find engaging and rewarding.

But too often those plans seem just out of reach: perhaps we don't have the money to afford to travel. Maybe we have too many responsibilities and can't take our children out of work.

Maybe we're progressing too far in our current jobs. Maybe we're just too tired, too stressed and too depressed to really take the effort to actually change our lives.

Maybe you work the job you work not because we're passionate about it, or because you find it exciting; but rather because you needed to start earning an income fast and this was the first place that you could do so.

Maybe you thought you'd change careers at some point but then you met your partner and settled down. Or maybe you started to progress up the ladder and moved out into rented accommodation.

Either way, you now feel trapped. There's no way out.

And no way to have that fulfilling and exciting life that you dreamed of.

But every now and then, you see an image from a friend on Facebook, or perhaps from an advert or a blog, showing people who have found a way out of the rat race. People who seem to spend most of their time on beautiful beaches, cocktails in hand.

People who are pursuing work that they care about and feel rewarded by.

But more importantly: people who work primarily as a way to fund a lifestyle that they actually feel excited about.

How?

They became “Jobless”. And with this book, you can do the exact same thing...

## What is a Jobless Practitioner?

Essentially, becoming “jobless” is your way out. This is how you escape the rat race and start to see the world. A Jobless Practitioner is someone who works online and who uses that style of work in order to be able to travel, see the world and live a life of adventure.

Sounds too good to be true, right?

But it makes perfect sense. Today, travel is cheaper than it has ever been. Budget airlines make it incredibly affordable to visit countries all over the world, while trains and coaches connect land within continents.

Then you have things like AirBnB and Couchsurfing – sites that make it even cheaper to find accommodation abroad and to really live as a part of the country you’re in.

Obviously, it doesn’t mean you need to travel; you could be in charge of your time to do **WHATEVER YOU WISH TO PURSUE** by being mobile and ***unattached with jobs***.

Meanwhile, more and more people are starting to earn a living online. Many businesses are allowing their employees to work remotely, using tools like video conferencing software and collaboration software in order to stay in touch and continue working as part of the team.

Those with an entrepreneurial streak meanwhile can just as easily make money from selling services online as web developers, writers, photographers or coders.

Or they can create their own businesses that can be run from anywhere in the world: blogs for example, or affiliate marketing schemes.

And when you marry these two developments, it means that there is no longer any need to work from a small crowded office.

You can take your work with you on the road and that road is open to more people than ever before.

Nothing is keeping you trapped in your current lifestyle. Nothing is stopping you from throwing on a backpack and heading out that door, to begin a lifetime of adventure and travel.

So sit back, grab a cup of coffee and let's spend the next hour or so learning how you can become truly free again.

Just as you were always meant to be.

## The Top Benefits of Being A Jobless Practitioner

1. You'll be able to travel the world
2. You'll have incredible experiences
3. You'll meet amazing and diverse people
4. You'll have legendary stories to tell
5. You'll grow as a person
6. You'll develop your skills as an entrepreneur

7. You'll have a taste of true freedom
8. You'll be able to do work that you find truly enjoyable and rewarding
9. You'll learn to become completely self-reliant
10. You'll learn more about yourself and about what you really need to be happy
11. You'll be joining a huge, growing community of like-minded individuals
12. You'll be a pioneer – working in a fashion that would have been unthinkable even a decade ago
13. You'll improve your happiness, your health and your perspective

# Chapter 1: Unchain Yourself

When you become a Jobless Practitioner, you'll find there are good times and bad times. It's important to have a balanced idea of what this is really going to entail and what life as a nomad is really like.

We'll talk about the struggles and tribulations of the Jobless Practitioner lifestyle later on. Suffice to say, that this is not a lifestyle that will be for everyone. And that's okay.

But for many, the positives are going to greatly outweigh the negatives. The feeling of true freedom, of being able to go anywhere you wish in an incredible foreign land... that's something that can't be understated.

There will be moments where everything just clicks into place. Really magical moments that stay with you forever.

Sometimes, these moments will be moments with other people.

Imagine sitting in a hanging chair with your lover and listening to the sea lapping against the shore. You realize you have a lot in common and the night ends with you kissing under the stars, as you hear the distant sounds of a bar not far away.

Other times, these moments will be those moments of adventure and exploration. Imagine coming up over the top of a hill to realize that you've just discovered an incredible view from the top of a mountain – an absolutely breathtaking view.

How often does your 9-5 lifestyle allow for moments like this?

But other times, the moments are going to be much smaller.

Sometimes you'll get these moments while you're working in a bar. People are passing by on the wet, cobbled streets outside and you're busily working away, listening to bar music and sipping a local beer while you work. The lights are neon and you're feeling inspired.

What incredible moments.

This is what you're working for as a Jobless Practitioner. This is why you're going to go through the challenges. This is why you must overcome the obstacles standing in your way.

## The Cognitive Shift: Lifestyle Design

The first step to becoming a Jobless Practitioner is to make the cognitive shift in your own mind – to start viewing yourself differently and to start changing the way you consider your priorities and your commitments.

We have been taught that certain variables in our lives are unchangeable. That there is just one way of doing things.

Of course this is not the case though. And actually, if you're willing to be creative, you can play with these elements anyway you choose. Before you make this realization, internalize it and make it a part of your philosophy, you're going to struggle to truly make the necessary changes.

The first thing you need to realize for instance, is that you need to start 'working to live' rather than 'living to work'.

Likewise, recognize that work in and of itself is not what should give your life value.

This is one of the factors that makes people take on more and more responsibility and work harder and harder, just to feel like they're 'successful'.

But instead, why not be successful by writing a book?

Why not be successful by making art? Or by travelling the world?

**Why not get your sense of purpose and reward from the things you do outside your office?**

People tend to feel very proud about working hard but what value does working hard truly have?

When the only result of that hard work is that a stapler gets delivered on time? Is that really what you want to measure success in your life by?

Instead then, ask yourself what it is that you really want from life. What do you want to achieve?

What would make you truly happy?

Then just think about what the easiest way to get to that point is.

This way of thinking is known as 'lifestyle design' and it's the quickest way to improve your happiness and to get the very most out of life.

## An Introduction to Lifestyle Design

To begin using lifestyle design in your own life, the first thing you need to do is to decide what it is that you want to try and achieve in your life.

What is your passion?

What gives you a sense of drive and motivation?

To discover the answer, try picturing and visualizing the ideal life for yourself. What does it entail?

Maybe your perfect life involves living in a massive house, having your own pool and spending lots of time relaxing?

Or maybe your perfect life involves spending more time with your friends and family?

Maybe it involves creating music?

Or maybe it involves travelling and seeing the world?

Where do you picture yourself living?

Who do you picture yourself living with?

What are you spending your income on?

The next thing to do, is to start thinking about what the easiest and most effective way to accomplish those things is.

And what is the best job when it comes to supporting that lifestyle?

THIS is what a job should be. It should be the thing that best enables you to live the lifestyle that makes you happiest.

It should support your life, not dictate it.

And yet so many people will come home late because their work demands it, or move to other parts of the country!

Once you realize that your job should support your lifestyle, you might realize that actually, you'd be much happier if you didn't have an hour long commute.

Actually, you'd be much happier if you weren't stressed after work.

And actually, you only need X amount of money in order to support your lifestyle.

Follow your passion and don't let your job derail you.

Becoming a Jobless Practitioner is just one example of lifestyle design. In this case, the lifestyle you are designing simply revolves around travel and **in control of your own time**.

And by choosing the right career, you're able to support that lifestyle and make it possible.

You CAN have your cake and eat it.

You DON'T have to play by the rules.

And you DON'T have to live a 'conventional' lifestyle.

## Chapter 2: Preparing for Your Journey

This is the realization you need to come to before you can start making progress toward a Jobless lifestyle.

This is what is going to empower you to make the necessary changes that will set you on that path.

For example, you may find that the best way to embrace the Jobless lifestyle is to quit your day job.

This is something that many of us will struggle with.

A LOT.

But the reality is that there's no reason you can't do it or shouldn't do it. The worst case scenario is that your online work doesn't work out and in that case, you just need to find work again.

That's the worst case scenario.

The alternative is to carry on working where you are, to never try and make the change and to continue being unhappy.

Suddenly, that risk doesn't seem like such a big one!

Many people will feel like they are throwing away their careers but if it's not a career you're passionate about... then who cares?

To find a career that will support your Jobless existence, you first need to calculate how much you are likely to spend, which tells you how much you need to earn. You can then look at ways of bringing down that expense (it's not all about how

much you earn). For instance, are there some cheaper places you can visit to start with?

Are you willing to eat into some of your savings, if it means that you're going to have the most incredible experience that you'll remember for the rest of your life?

When considering all this, it's going to be scary. It's not what we've been brought up to do. It's not how we're taught to think.

It's probably not a good time...

Know this though: it is never a good time! You either do it now, or you don't do it.

And no matter what your circumstances, there are ways to get around it when you make your quality of life your priority.

Come up with a plan for what you want to do and how you want to live and then you'll be able to start creating the income you need to support those lifestyle decisions.

Once you have your plan and you have the resolve to commit to it, the next thing to think about is how you're going to make it work.

And more specifically, how you're going to fund your travels and your lifestyle.

There are plenty of options and we're going to look at a few of those in the coming chapters...

## Chapter 3: Go Online for Remote Jobs

One thing you can do, is to continue working your current job.

The difference of course is that you're going to have to go 'remote'.

This is again something that a lot of us will feel anxious about.

We won't want to ask our bosses if it's possible for fear of upsetting the apple cart.

But at the end of the day, it's always worth asking and it certainly can't hurt.

With video conferencing and collaboration tools, it's now easier than ever to manage the majority of jobs abroad and you can even find online 'time clock' software to help you clock in and out, among other things.

Speak with your current manager or boss about the possibility of working from home to begin with, trial it if they say yes, and then try to take that to the next logical point and see if you can get them to let you work abroad – it will be no different.

Personally, all of my team work remotely. Nobody comes into office.

Some companies are of course going to dismiss this idea out of hand. There are legitimate reasons why some jobs can't be carried out in another country. For instance, if you're in a customer-facing job, then you might find that you're not able to work online. Likewise, you may well find that you can't very easily work online if your job involves operating a switch board and answering lots of calls.

But don't give up right away. If they say no at first, then you can often find a workaround by compromising.

Ask if there are any other jobs you can do within the organization that would allow you to travel. If they still say no, then ask if you could do part-time work, or even freelance for them.

Simply express your desire to work remotely, explain that you want to travel and see the world and then discuss to see if you can find an arrangement that works for all parties involved.

At the end of the day, they will likely want to help you work in a way that you find rewarding and will probably be more flexible than you'd expect.

If they want to keep you, then they'd rather you worked flexibly than left completely!

Note: Be ready to demonstrate how you can do your work just as well remotely. The onus is on you to make this work, so make sure they can see that you're able to work online while still doing the same amount you normally would. That means researching the software solutions and more, if necessary.

## Find Another Job

Can't work from home at your current job?

Not sure you want the responsibility and potential risk of running your own business?

Another straightforward solution is simply to find another job that will allow you to work how you want!

Obviously there are some industries that are more likely to let you do this than others, so that's a good starting point.

You could work for a web design company for example and in all likelihood, they'll let you work online.

Likewise, you could become a journalist for a magazine – there little reason you can't do that work remotely.

Many big companies are distributed around the entire world and more than happy to let you work from wherever you choose.

Often, job descriptions will mention that you can work from home.

And if they don't, then you can call or write in to enquire.

This is a good option because it guarantees you'll have a stable income before you give up your current job.

## Find Your Own Work

Another way to go about this, is to approach businesses you'd like to work for and that operate predominantly online.

For example, if you are a regular reader of a big blog, then you can always try contacting the editor and asking them if you can work for them.

These days, more and more companies operate online like this and advertise for full or part-time employees. Take a look around and even try googling 'Work for Us' and other terms that might bring up a result!

## Chapter 4: Start Your Own Online Business

While all the above is true, the predominant way that most people will earn while they travel is by working online with their own business.

This gives you more freedom over how, where and when you work which in turn means you can spend more time doing incredible things or working in incredible spots.

### Earning Money as a Freelancer

The most obvious way to run a business online is to freelance.

Freelance work simply means going out and looking for clients and then completing work for them at a time that suits you. Normally when you do this, you'll be working to a deadline.

Around that deadline though, it will be up to you how you want to work and this is what will give you the freedom to travel as you wish and work when you wish.

There are plenty of services you can provide online as a freelancer and these include:

14. Writing
15. Editing
16. Web design
17. Coding
18. Video production

19. Consultation
20. Personal training (over Skype for instance)
21. Marketing
22. Promotion
23. Career guidance
24. Virtual assistant services
25. Data entry
26. Admin
27. Moderation
28. Sports commenting
29. And much more!

Once you decide what it is you want to do, all you need to do then is to start finding the work. To give yourself the most stable income and the most flexibility to work and travel, you want to minimize the admin and the comms – so try finding a few big clients and sticking with them (offer bulk discounts and reduced rates for repeat customers).

Start off by looking for people you know you can work with and if you don't have any such contacts, then try looking online at 'freelancing sites' like UpWork. On this site, people advertise for work and advertise for services.

UpWork is a great hub for freelancers.

## Selling Services

Being a freelancer is one way you can make money selling a service online. Actually though, there are also several others and not every option has to be B2B necessarily.

In fact, many of the services you might traditionally have provided face to face can now be provided online!

How about offering personal training for example?

All you need to do is to find clients and then consult with them over Skype.

You could even offer extra services like texts to remind them to go to the gym etc.

What about a dating agency?

Let people come to you and then help them polish up their dating profile and more?

For something like this, all you need is a consultation session and then perhaps access to their dating profiles.

You could be a lifestyle coach too. Or a business consultant. In fact, you can even offer a lot of services as a lawyer online (of course, you need to have the credibility for this)!

This could mean offering affordable legal advice or even handling things like conveyancing.

In many cases you might find that you can do your current job in this fashion. If you currently work for a Virgin Active gym, then just tell your favourite clients that you're going freelance and that they can cheaply access your services online!

Be creative, think outside the box and really you can do any job that doesn't require you to be physically present!

## Creating Passive Income

While finding clients and providing a service online is a great way to experience the freedom to work from anywhere and whenever you like, it is still ultimately very restricting in other ways.

At the end of the day, you still need to meet your deadlines and to all extents and purposes, you still have 'bosses' who will be unhappy if you don't complete your work to a good standard.

When you work a service, you're going to have to balance your time between travelling and exploring these different countries while at the same time also trying to get enough work done.

When you can't find a plug socket, or when you have too much you want to see and do... this can be a big cause of stress.

And it's for that reason that you might consider creating a passive income business model instead.

This is essentially a business model that will generate income without you having to actively work on it.

**That is not to say that you're making money for doing nothing.**

Rather, it means you're putting in some work up front and then profiting for a while to come afterward.

How can this possibly work? There are a few strategies you can use...

30. Sell a digital product – Digital products are products like ebooks and digital courses that don't require any work on your part to produce. You create them once and from there, you can then sell them as many times as you want.

There's no delivery to worry about and no storage! There are plenty of examples of how this can work, but you can sell from your own web page and send traffic there with an advertising campaign, you can sell something like an app or a Kindle ebook through a ready-made distribution network (the Kindle Store or the iTunes Store), or you can let other marketers promote your product for commission.

31. Affiliate marketing – This means that you're selling a product you didn't make and getting commission. Many creators are happy to offer as much as 75% of their profits to try and encourage more people to help them sell and this means you can make almost as much money as you would do from your own product – but with no need to create anything! You just make a landing page and then advertise it to get people to buy through your referral link.

32. Service arbitrage – Service arbitrage essentially means that you are buying and selling a service and profiting simply by taking advantage of differences in market prices. For example, many Indian web designers are happy to charge a small amount in US dollars because the money will go further in their home country. That makes them highly competitive with US web design companies.

What you can do then, is to find web design clients and then hire the Indian web company to complete the work on

your behalf. You simply take a little off the top and pocket the difference! The best thing about this method of making money is that a lot of smaller companies actually expect you to resell their work and are happy to have you simply passing on the orders.

These are called 'white label services' and they essentially act like ghost writers! Ghost web designers...

## Creating Content for Passive Income

Somewhere in-between passive income and providing a service is to run a blog, a website or a YouTube channel.

Doing this allows you to build your own audience of loyal followers and then profit from advertising, sponsorship or even sales of a digital product.

This isn't truly passive income because you'll still need to regularly update the site. But you are not beholden to any deadlines other than the ones you set and this means that you can work at a pace that is comfortable for you. Want to take the day off to explore the Roman Forum? No one will stop you.

This is actually the ideal scenario because now you'll be earning money by doing a job that you truly feel passionate about. You'll have the satisfaction of having online 'followers' and fans and you'll be able to build a name for yourself that could potentially be very profitable.

The downside is that this type of work takes the longest to have any success with.

Everyone wants to make money from a blog but not everyone is successful! This takes a lot of patience, a lot of smarts and a fair bit of luck. But it's definitely do-able!

The key is to provide real value, to do something different from everyone else and to spend enough time and effort necessary to swamp the search engines and social media with content.

The great news though?

You now have a perfect topic to blog about. Travel, healthy lifestyle and the "work from home" lifestyle are hot topics right now and you'll have the 'value proposition' and desirable lifestyle to really help build an enthusiastic following and encourage some sales.

This is such a great and easy lifestyle to promote: post a picture of yourself working on the beach with an incredible sunset in the background and that's the kind of thing that gets followers!

Note: There are many other ways that you can use your lifestyle to help you find more work too. For example, you can sell photographs of the scenery or the wildlife where you are and you'll find it's very easy to find buyers!

## Chapter 5: Ignoring the Urge to Procrastinate

So how do you balance work and play? How do you resist the urge to forget work?

The first thing to do, is to recognize that what you do the day before will affect you today. In other words, it's not as simple as splitting your work between morning and night. Because if you go out raving all night tonight and drink everything under the sun, you won't have a good day of work tomorrow!

Keep this in mind and treat your work nights as you would do anywhere else!

That said though, you should make sure that you make the absolute most of wherever you are and whatever you're doing during your free hours. The more you do this, the less resentful you'll feel when you're stuck on the computer.

Another tip is to try and get into a routine as far as possible.

If you work at different hours every day, then your biological rhythms will not sync. One of the best things about working online is that you can find what time you work best and then make sure you work during those hours – that way you'll be working at the points when you are optimally effective.

This doesn't have to mean working 9-5 though.

What works best for you will depend on your personal preferences and also on where you are and what your job is!

Maybe you work for 15 hours three days of the week and relax for the remaining four?

Maybe you work 7am-10am and then again at 4pm-7pm?

Either way, find a flow and then stick to it once you find something that works.

Finally, try to make your work environments as conducive and enjoyable as possible.

Because actually, working on a project you're passionate about in a rich environment can be ideal to help you get into the flow and get more work done.

Look for classy hotels, nice libraries and cool cafes.

## Chapter 6: Are You Ready for the Journey of a Lifetime?

The problem a lot of people have, is that they start with a goal rather than a vision. In reality, a goal should come from a vision and you need one before you can have the other.

So what's the difference?

A vision is a lot more abstract than a goal.

A vision is not a plan or an idea but rather it is a lifestyle, a way of life, a state of affairs... a dream. Your goal will then fill in the steps from there...

To find your vision then, the simplest strategy is to try picturing your perfect life.

Imagine you have been given a magic lamp and can make three wishes.

What does this perfect life look like? What does it entail?

Where do you see yourself? Who is there with you?

For some people, this vision is going to be the typical archetype of success.

Or maybe you're sitting in a hammock, drinking a cocktail while watching the sun set over a tropical ocean?

Or perhaps your dream is more modest?

Maybe you imagine having a beautiful house, a beautiful wife/husband and great kids. Maybe you envisage being able to spend all your time with those kids.

Whatever it is...

Don't let others define your goals.

All of this is fine – and the first crucial lesson we need to learn here is that you have to be honest with yourself.

Too many of us feel as though we have to live the life that others set out for us.

We feel as though we need to achieve what is considered the traditional view of success. We feel the urge to please our teachers, our parents.

And so when someone asks us 'what is your goal?', we will often say 'to be a lawyer'.

We're too embarrassed to say that we just want to spend more time with our kids. And we're too embarrassed to say we want to be "jobless".

But what is the point of chasing someone else's dream?

Go after the things that you feel passionate about and never feel ashamed of whatever they may be...

If you do decide that this lifestyle is for you, then you're going to need to finalize your plans and get ready to set off!

I know - you're going to find that it can often be hard to actually take the necessary leaps and become the thing you've always wanted to be, or to do the thing you've always wanted to do.

Why? Very often, the simple reason is fear – we are too afraid to take these massive leaps into the unknown and to take

massive risks like quitting work, going part-time or putting ourselves on camera in front of the world.

It's understandable too – quitting your job will often mean losing your most important form of income – and in all likelihood you will have a lot of financial commitments that make that hard and scary. You probably have bills to pay, rent, a mortgage perhaps and you probably have to look after your family and make sure that they get fed.

But here's the thing: there is never a good time to risk everything. If you are putting off starting a business because you are waiting for the right time, then it's never going to happen. If you're going to do it, then you need to just do it.

Of course that's easier said than done though, so how do you go about overcoming the fear that has stopped you from going after your dreams? The fear that has kept you trapped?

One answer is something called 'fear setting'.

Essentially, the aim of fear setting is outline your fears and to make sure that you recognize them for what they are. The idea comes from author Tim Ferriss, who wrote the book *The Four Hour Workweek* and the nomenclature is intended to reflect the idea of 'goal setting'.

Until you write down your fears, they will remain abstract and intangible. And when they're in that format, they are impossible to overcome.

Write down your fears though and suddenly, you can take control of them and even find ways to combat them.

Often, you'll find that they actually aren't nearly as serious as you made them out to be in your mind.

Hopefully you're now brimming with excitement and your mind is racing with possibilities. Where will you go? What will you see?

The possibilities are truly endless and you really don't need to be a nomad in the 'typical sense'.

Remember: lifestyle design is about living the life you want to lead and not travelling to developing countries or the middle of Africa because you think that's what you are 'meant to be doing'. If your idea of being a Jobless Practitioner is to live in nice log cabins, driving from destination to destination... then go for it!

Or simply stay in your city and enjoy family time together.

And as we mentioned, you don't even need to leave the country necessarily to achieve this. The world is your oyster. You are truly free!

The hardest part though is always going to be taking that first step and making the leap – making the decision to start putting your life first. And being bold enough to quit a good job.

But here's one last invaluable tip: it doesn't have to be binary.

You don't need to become "Jobless" overnight. Why not set up an online business using some annual leave over the course of a week?

See how much money you can earn?

You can then run it in the evenings and on the weekends, maybe even trial travelling as you do it.

And then only if it works do you need to quit your job and set off!

The sky is the limit but you must take the leap...

Good luck!

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